

NVQ Diploma in Professional Cookery

The Level 3 NVQ Diploma in Professional Cookery develops skills and confidence and gives valuable professional recognition for experienced personnel.

The qualification is based on recognised occupational standards and is jointly certificated by Best Practice and Edexcel – the leading Awarding Organisation for vocational qualifications.

- Course duration 6 – 9 months
- Assessed through observation, discussion, testimony and workplace evidence.
- To achieve the NVQ, learners must achieve a total of 56 credits.
- Learners must complete all mandatory (17 credits) plus the remaining optional units from Group A1 (a minimum of 39 credits)

Level 3

Mandatory units (13 credits)	
■ Maintenance of a safe, hygienic and secure working environment (4)	
■ Develop productive working relationships with colleagues (9)	
■ Maintain food safety when storing, preparing and cooking food (4)	
Group A1 – Optional units	
■ Prepare fish for complex dishes (3)	■ Prepare meat for complex dishes (4)
■ Prepare poultry for complex dishes (4)	■ Cook and finish complex meat dishes (4)
■ Cook and finish complex fish dishes (4)	■ Cook and finish complex vegetable dishes (4)
■ Cook and finish complex poultry dishes (4)	■ Prepare, cook and finish complex bread and dough products (4)
■ Prepare, process and finish marzipan, pastillage and sugar products (5)	■ Prepare, cook and finish dressings and cold sauces (3)
■ Prepare, cook and finish complex soups (4)	■ Prepare, cook and finish fresh pasta dishes (4)
■ Prepare, cook and finish complex pastry dishes (3)	■ Prepare, cook and finish complex cakes, sponges, biscuits and scones (5)
■ Produce sauces, fillings and coatings for complex desserts (4)	■ Contribute to the control of resources (4)
■ Contribute to the development of recipes and menus (4)	■ Ensure food safety practices are followed in the preparation and serving of food and drink (5)

Highlights

- 60 – 90 minutes per week study & preparation time
- Assessed in the workplace by experienced assessors

Progression

Successful learners may progress to other NVQs in the Hospitality suite, the Edexcel Level 4 HNC Diploma or Level 5 HND Diploma in Hospitality Management.